

# Trig Integrals, Trig Substitution

## Calculus II

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## PART I: TRIG INTEGRALS

# Pascal's Triangle

Recall from Algebra that **Pascal's Triangle** is useful in expanding  $(x + y)^n$ :

		1					$\leftarrow n = 0$
		1	1				$\leftarrow n = 1$
	1	2	1				$\leftarrow n = 2$
	1	3	3	1			$\leftarrow n = 3$
1	4	6	4	1			$\leftarrow n = 4$
1	5	10	10	5	1		$\leftarrow n = 5$
:	:	:	:	:	:		

Binomial Theorem:  $(x + y)^n = \sum_{k=0}^n \binom{n}{k} x^{n-k} y^k$

where  $\binom{n}{k}$  is the  $k^{th}$  entry in the  $n^{th}$  row of Pascal's Triangle.

Examples:  $\binom{2}{0} = 1$ ,  $\binom{3}{3} = 1$ ,  $\binom{5}{2} = 10$

# Pascal's Triangle

**WORKED EXAMPLE:** Expand  $(x + y)^5$ .

							1				
							1	1	1		
							1	2	1	1	
							1	3	3	1	1
							1	4	6	4	1
1	5	10	10	5	1						
:	:	:	:	:	:						

$$(x + y)^5 = 1x^5y^0 + 5x^4y^1 + 10x^3y^2 + 10x^2y^3 + 5x^1y^4 + 1x^0y^5$$

$$\therefore (x + y)^5 = \boxed{x^5 + 5x^4y + 10x^3y^2 + 10x^2y^3 + 5xy^4 + y^5}$$

Much faster than multiplying  $(x + y)(x + y)(x + y)(x + y)(x + y)$

# Pascal's Triangle

**WORKED EXAMPLE:** Expand  $(x^2 + 4y)^3$ .

			1			
		1		1		
	1		2		1	
	1	3		3		1
1	4		6		4	
1	5	10		10		5
⋮	⋮	⋮		⋮		⋮

$$(x^2 + 4y)^3 = 1 (x^2)^3 (4y)^0 + 3 (x^2)^2 (4y)^1 + 3 (x^2)^1 (4y)^2 + 1 (x^2)^0 (4y)^3$$

$$\therefore (x^2 + 4y)^3 = \boxed{x^6 + 12x^4y + 48x^2y^2 + 64y^3}$$

Much faster than multiplying  $(x^2 + 4y) (x^2 + 4y) (x^2 + 4y)$

# Trig Integrals involving Sine & Cosine (Toolkit)

TASK: Evaluate  $I = \int \sin^m x \cos^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

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- Binomial Theorem:  $(x + y)^n = \sum_{k=0}^n \binom{n}{k} x^{n-k} y^k$
- Pascal's Triangle
- Exponent Rules:  $x^m x^n = x^{m+n}$ ,  $(x^m)^n = x^{mn}$
- Pythagorean Identity:  $\sin^2 x + \cos^2 x = 1$
- Half-Angle Identities:  $\cos^2 x = \frac{1}{2} [1 + \cos(2x)]$ ,  $\sin^2 x = \frac{1}{2} [1 - \cos(2x)]$
- Negative-Angle Identities:  $\cos(-x) = \cos x$ ,  $\sin(-x) = -\sin x$
- Change of Variables (CV)
- $\int u^n \, du = \frac{1}{n+1} u^{n+1} + C$

# Trig Integrals involving Sine & Cosine (CASE I)

TASK: Evaluate  $I = \int \sin^m x \cos^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

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CASE I:  $m$  is odd  $\implies m = 2k + 1$ , where  $k \in \bar{\mathbb{N}}$

$$\begin{aligned} I &= \int \sin^{2k+1} x \cos^n x \, dx \\ &= \int \sin^{2k} x \cos^n x \sin x \, dx \\ &= \int (\sin^2 x)^k \cos^n x \sin x \, dx \\ &= \int (1 - \cos^2 x)^k \cos^n x \sin x \, dx \\ &\stackrel{CV}{=} \int (1 - u^2)^k u^n (-du) \\ &= (\text{Expand, then Distribute, then Integrate}) \end{aligned}$$

CV: Let  $u = \cos x \implies du = -\sin x \, dx \implies \sin x \, dx = -du$

# Trig Integrals involving Sine & Cosine (CASE II)

TASK: Evaluate  $I = \int \sin^m x \cos^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

---

CASE II:  $n$  is odd  $\implies n = 2k + 1$ , where  $k \in \bar{\mathbb{N}}$

$$\begin{aligned} I &= \int \sin^m x \cos^{2k+1} x \, dx \\ &= \int \sin^m x \cos^{2k} x \cos x \, dx \\ &= \int \sin^m x (\cos^2 x)^k \cos x \, dx \\ &= \int \sin^m x (1 - \sin^2 x)^k \cos x \, dx \\ &\stackrel{CV}{=} \int u^m (1 - u^2)^k \, du \\ &= (\text{Expand, then Distribute, then Integrate}) \end{aligned}$$

CV: Let  $u = \sin x \implies du = \cos x \, dx \implies \cos x \, dx = du$

# Trig Integrals involving Sine & Cosine (CASE III)

TASK: Evaluate  $I = \int \sin^m x \cos^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

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CASE III:  $m$  is even AND  $n = 0 \implies m = 2k$ , where  $k \in \mathbb{N} := \{1, 2, 3, \dots\}$

$$\begin{aligned} I &= \int \sin^{2k} x \, dx \\ &= \int (\sin^2 x)^k \, dx \\ &= \int \left[ \frac{1}{2} (1 - \cos(2x)) \right]^k \, dx \\ &= \text{(Expand \& Use Half-Angle Identity as needed, then Integrate)} \end{aligned}$$

# Trig Integrals involving Sine & Cosine (CASE IV)

TASK: Evaluate  $I = \int \sin^m x \cos^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

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CASE IV:  $m = 0$  AND  $n$  is even  $\implies n = 2k$ , where  $k \in \mathbb{N} := \{1, 2, 3, \dots\}$

$$\begin{aligned} I &= \int \cos^{2k} x \, dx \\ &= \int (\cos^2 x)^k \, dx \\ &= \int \left[ \frac{1}{2} (1 + \cos(2x)) \right]^k \, dx \\ &= \text{(Expand \& Use Half-Angle Identity as needed, then Integrate)} \end{aligned}$$

# Trig Integrals involving Sine & Cosine (CASE X)

TASK: Evaluate  $I = \int \sin^m x \cos^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

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CASE X:  $m, n$  are both even such that  $m \geq 4$  and  $n \geq 4$  (examples below)

$$\begin{aligned} & \int \sin^4 x \cos^4 x \, dx, \quad \int \sin^4 x \cos^6 x \, dx, \quad \int \sin^6 x \cos^4 x \, dx, \quad \int \sin^6 x \cos^6 x \, dx, \\ & \int \sin^4 x \cos^8 x \, dx, \quad \int \sin^8 x \cos^6 x \, dx, \quad \int \sin^{12} x \cos^4 x \, dx, \quad \int \sin^{50} x \cos^{100} x \, dx, \dots \end{aligned}$$

- Such integrals require the use of **Product-to-Sum Identities**, creating extreme tedium:

- $\sin A \cos B = \frac{1}{2} [\sin(A + B) + \sin(A - B)]$
- $\cos A \cos B = \frac{1}{2} [\cos(A + B) + \cos(A - B)]$
- $\sin A \sin B = -\frac{1}{2} [\cos(A + B) - \cos(A - B)]$

- Therefore, this case will NOT be considered in this course.

# Trig Integrals involving Tangent & Secant (Toolkit)

TASK: Evaluate  $I = \int \tan^m x \sec^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

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- Binomial Theorem:  $(x + y)^n = \sum_{k=0}^n \binom{n}{k} x^{n-k} y^n$
- Pascal's Triangle
- Exponent Rules:  $x^m x^n = x^{m+n}$ ,  $(x^m)^n = x^{mn}$
- Pythagorean Identity:  $1 + \tan^2 x = \sec^2 x$
- Quotient Identity:  $\tan x = \frac{\sin x}{\cos x}$
- Negative-Angle Identities:  $\tan(-x) = -\tan x$ ,  $\sec(-x) = \sec x$
- Change of Variables (CV)
- Integration by Parts (IBP)
- $\int u^n \, du = \frac{1}{n+1} u^{n+1} + C$
- $\int \tan x \, dx = -\ln |\cos x| + C$
- $\int \sec x \, dx = \ln |\sec x + \tan x| + C$

# Trig Integrals involving Tangent & Secant (CASE I)

TASK: Evaluate  $I = \int \tan^m x \sec^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

---

CASE I:  $n$  is even  $\implies n = 2k$ , where  $k \in \mathbb{N}$

$$\begin{aligned} I &= \int \tan^m x \sec^{2k} x \, dx \\ &= \int \tan^m x \sec^{2k-2} x \sec^2 x \, dx \\ &= \int \tan^m x \sec^{2(k-1)} x \sec^2 x \, dx \\ &= \int \tan^m x (\sec^2 x)^{k-1} \sec^2 x \, dx \\ &= \int \tan^m x (1 + \tan^2 x)^{k-1} \sec^2 x \, dx \\ &\stackrel{CV}{=} \int u^m (1 + u^2)^{k-1} \, du \\ &= (\text{Expand, then Distribute, then Integrate}) \end{aligned}$$

CV: Let  $u = \tan x \implies du = \sec^2 x \, dx \implies \sec^2 x \, dx = du$

# Trig Integrals involving Tangent & Secant (CASE II)

TASK: Evaluate  $I = \int \tan^m x \sec^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

---

CASE II:  $m$  is odd AND  $n \neq 0 \implies m = 2k + 1$ , where  $k \in \bar{\mathbb{N}}$

$$\begin{aligned} I &= \int \tan^{2k+1} x \sec^n x \, dx \\ &= \int \tan^{2k} x \sec^{n-1} x \sec x \tan x \, dx \\ &= \int (\tan^2 x)^k \sec^{n-1} x \sec x \tan x \, dx \\ &= \int (\sec^2 x - 1)^k \sec^{n-1} x \sec x \tan x \, dx \\ &\stackrel{CV}{=} \int (u^2 - 1)^k u^{n-1} \, du \\ &= \text{(Expand, then Distribute, then Integrate)} \end{aligned}$$

CV: Let  $u = \sec x \implies du = \sec x \tan x \, dx \implies \sec x \tan x \, dx = du$

# Trig Integrals involving Tangent & Secant (CASE X)

TASK: Evaluate  $I = \int \tan^m x \sec^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

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CASE X: All other cases

$$\begin{aligned} & \int \tan^3 x \, dx, \int \tan^5 x \, dx, \int \sec^3 x \, dx, \int \sec^5 x \, dx, \int \tan^2 x \sec x \, dx, \\ & \int \tan^2 x \sec^3 x \, dx, \int \tan^4 x \sec^3 x \, dx, \int \tan^4 x \sec^5 x \, dx, \int \tan^{12} x \sec^{19} x \, dx, \dots \end{aligned}$$

- Requires clever use of:

trig identities, CV, IBP,  $\int \tan x \, dx$ , and/or  $\int \sec x \, dx$

- For  $n \geq 5$ , use **reduction formula**:

$$\int \sec^n(\alpha u) \, du = \frac{\sec^{n-2}(\alpha u) \tan(\alpha u)}{\alpha(n-1)} + \frac{n-2}{n-1} \int \sec^{n-2}(\alpha u) \, du$$

where  $\alpha \in \mathbb{R}$

# Trig Integrals involving Cotangent & Cosecant (Toolkit)

TASK: Evaluate  $I = \int \cot^m x \csc^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

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- Binomial Theorem:  $(x + y)^n = \sum_{k=0}^n \binom{n}{k} x^{n-k} y^n$
- Pascal's Triangle
- Exponent Rules:  $x^m x^n = x^{m+n}$ ,  $(x^m)^n = x^{mn}$
- Pythagorean Identity:  $1 + \cot^2 x = \csc^2 x$
- Quotient Identity:  $\cot x = \frac{\cos x}{\sin x}$
- Negative-Angle Identities:  $\cot(-x) = -\cot x$ ,  $\csc(-x) = -\csc x$
- Change of Variables (CV)
- Integration by Parts (IBP)
- $\int u^n \, du = \frac{1}{n+1} u^{n+1} + C$
- $\int \cot x \, dx = \ln |\sin x| + C$
- $\int \csc x \, dx = -\ln |\csc x + \cot x| + C$

# Trig Integrals involving Cot & Csc (CASE I)

TASK: Evaluate  $I = \int \cot^m x \csc^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

---

CASE I:  $n$  is even  $\implies n = 2k$ , where  $k \in \mathbb{N}$

$$\begin{aligned} I &= \int \cot^m x \csc^{2k} x \, dx \\ &= \int \cot^m x \csc^{2k-2} x \csc^2 x \, dx \\ &= \int \cot^m x \csc^{2(k-1)} x \csc^2 x \, dx \\ &= \int \cot^m x (\csc^2 x)^{k-1} \csc^2 x \, dx \\ &= \int \cot^m x (1 + \cot^2 x)^{k-1} \csc^2 x \, dx \\ &\stackrel{CV}{=} \int u^m (1 + u^2)^{k-1} (-du) \\ &= (\text{Expand, then Distribute, then Integrate}) \end{aligned}$$

CV: Let  $u = \cot x \implies du = -\csc^2 x \, dx \implies \csc^2 x \, dx = -du$

# Trig Integrals involving Cot & Csc (CASE II)

TASK: Evaluate  $I = \int \cot^m x \csc^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

---

CASE II:  $m$  is odd AND  $n \neq 0 \implies m = 2k + 1$ , where  $k \in \bar{\mathbb{N}}$

$$\begin{aligned} I &= \int \cot^{2k+1} x \csc^n x \, dx \\ &= \int \cot^{2k} x \csc^{n-1} x \csc x \cot x \, dx \\ &= \int (\cot^2 x)^k \csc^{n-1} x \csc x \cot x \, dx \\ &= \int (\csc^2 x - 1)^k \csc^{n-1} x \csc x \cot x \, dx \\ &\stackrel{CV}{=} \int (u^2 - 1)^k u^{n-1} (-du) \\ &= (\text{Expand, then Distribute, then Integrate}) \end{aligned}$$

CV: Let  $u = \csc x \implies du = -\csc x \cot x \, dx \implies \csc x \cot x \, dx = -du$

# Trig Integrals involving Cot & Csc (CASE X)

TASK: Evaluate  $I = \int \cot^m x \csc^n x \, dx$ , where  $m, n \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$

---

CASE X: All other cases

$$\begin{aligned} & \int \cot^3 x \, dx, \int \cot^5 x \, dx, \int \csc^3 x \, dx, \int \csc^5 x \, dx, \int \cot^2 x \csc x \, dx, \\ & \int \cot^2 x \csc^3 x \, dx, \int \cot^4 x \csc^3 x \, dx, \int \cot^4 x \csc^5 x \, dx, \int \cot^{12} x \csc^{19} x \, dx, \dots \end{aligned}$$

- Requires clever use of:

trig identities, CV, IBP,  $\int \cot x \, dx$ , and/or  $\int \csc x \, dx$

- For  $n \geq 5$ , use **reduction formula**:

$$\int \csc^n(\alpha u) \, du = -\frac{\csc^{n-2}(\alpha u) \cot(\alpha u)}{\alpha(n-1)} + \frac{n-2}{n-1} \int \csc^{n-2}(\alpha u) \, du$$

where  $\alpha \in \mathbb{R}$

# Trig Integrals: Sine & Cosine with Different Arguments

Let  $m \neq n$ :

$$\int \sin(mx) \cos(nx) \, dx = \frac{1}{2} \int \sin[(m+n)x] \, dx + \frac{1}{2} \int \sin[(m-n)x] \, dx$$

$$\int \cos(mx) \cos(nx) \, dx = \frac{1}{2} \int \cos[(m+n)x] \, dx + \frac{1}{2} \int \cos[(m-n)x] \, dx$$

$$\int \sin(mx) \sin(nx) \, dx = -\frac{1}{2} \int \cos[(m+n)x] \, dx + \frac{1}{2} \int \cos[(m-n)x] \, dx$$

## PART II: INTEGRALS REQUIRING TRIG SUBSTITUTION

# Integrals involving $\sqrt{a^2 - u^2}$

(Here,  $a > 0$  and  $k \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$ )

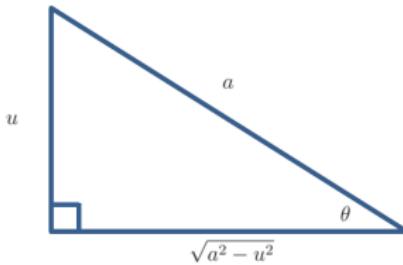
$$\int \sqrt{a^2 - u^2} du, \quad \int u^{2k+1} \sqrt{a^2 - u^2} du, \quad \int \frac{1}{\sqrt{a^2 - u^2}} du,$$
$$\int \frac{u^{2k+1}}{\sqrt{a^2 - u^2}} du, \quad \int \frac{1}{u^{2k} \sqrt{a^2 - u^2}} du, \quad \int \frac{\sqrt{a^2 - u^2}}{u^{2k}} du$$

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- CV: Let  $u = a \sin \theta \iff \sin \theta = \frac{u}{a} \equiv \frac{\text{OPP}}{\text{HYP}} \iff \theta = \arcsin\left(\frac{u}{a}\right)$

Then:  $du = a \cos \theta d\theta$  and  $\sqrt{a^2 - u^2} = a \cos \theta$

- After simplifying, the resulting integral is often a **trig integral**.
- Build an appropriate **reference triangle** to help with **back substitution**.



# Integrals involving $\sqrt{a^2 + u^2}$

(Here,  $a > 0$  and  $k \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$ )

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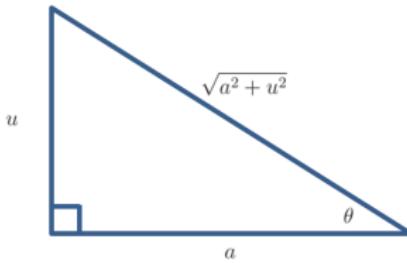
$$\int \sqrt{a^2 + u^2} du, \quad \int u^{2k+1} \sqrt{a^2 + u^2} du, \quad \int \frac{1}{\sqrt{a^2 + u^2}} du,$$
$$\int \frac{u^{2k+1}}{\sqrt{a^2 + u^2}} du, \quad \int \frac{1}{u^{2k} \sqrt{a^2 + u^2}} du, \quad \int \frac{\sqrt{a^2 + u^2}}{u^{2k+4}} du$$

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- CV: Let  $u = a \tan \theta \iff \tan \theta = \frac{u}{a} \equiv \frac{\text{OPP}}{\text{ADJ}} \iff \theta = \arctan\left(\frac{u}{a}\right)$

Then:  $du = a \sec^2 \theta d\theta$  and  $\sqrt{a^2 + u^2} = a \sec \theta$

- After simplifying, the resulting integral is often a **trig integral**.
- Build an appropriate **reference triangle** to help with **back substitution**.



# Integrals involving $\sqrt{u^2 - a^2}$

(Here,  $a > 0$  and  $k \in \bar{\mathbb{N}} := \{0, 1, 2, 3, \dots\}$ )

$$\int \sqrt{u^2 - a^2} \, du, \quad \int u^{2k+1} \sqrt{u^2 - a^2} \, du, \quad \int \frac{1}{\sqrt{u^2 - a^2}} \, du,$$

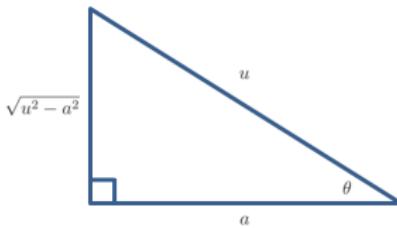
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$$\int \frac{u^{2k+1}}{\sqrt{u^2 - a^2}} \, du, \quad \int \frac{1}{u^{2k} \sqrt{u^2 - a^2}} \, du, \quad \int \frac{\sqrt{u^2 - a^2}}{u^{2k}} \, du$$

- CV: Let  $u = a \sec \theta \iff \sec \theta = \frac{u}{a} \equiv \frac{\text{HYP}}{\text{ADJ}} \iff \theta = \text{arcsec} \left( \frac{u}{a} \right)$

Then:  $du = a \sec \theta \tan \theta \, d\theta$  and  $\sqrt{u^2 - a^2} = a \tan \theta$

- After simplifying, the resulting integral is often a **trig integral**.
- Build an appropriate **reference triangle** to help with **back substitution**.



# Integrals involving $\sqrt{x^2 + bx + c}$

- 1<sup>st</sup>, **complete the square (CS)**.
- 2<sup>nd</sup>, **change variables (CV)**.
- Now, the integral involves  $\sqrt{u^2 - a^2}$ ,  $\sqrt{u^2 + a^2}$ , or  $\sqrt{a^2 - u^2}$ , so use **trig substitution**.

- $\int \sqrt{x^2 + 5x + 8} dx \stackrel{\text{CS}}{=} \int \sqrt{(x + \frac{5}{2})^2 + (\frac{\sqrt{7}}{2})^2} dx \stackrel{\text{CV}}{=} \int \sqrt{u^2 + a^2} du$
- $\int \sqrt{3x^2 - 5x - 8} dx \stackrel{\text{CS}}{=} \int \sqrt{3 \left[ (x - \frac{5}{6})^2 + (\frac{11}{6})^2 \right]} dx \stackrel{\text{CV}}{=} \int \sqrt{3} \sqrt{u^2 - a^2} du$
- $\int \frac{1}{\sqrt{2 - 2x - x^2}} dx \stackrel{\text{CS}}{=} \int \frac{1}{\sqrt{(\sqrt{3})^2 - (x + 1)^2}} dx \stackrel{\text{CV}}{=} \int \frac{1}{\sqrt{a^2 - u^2}} du$

# Integrals of the form $\int \frac{1}{x^2+bx+c} dx$

- 1<sup>st</sup>, **complete the square (CS)**.
- 2<sup>nd</sup>, **change variables (CV)**.
- Now, the integral involves  $u^2 - a^2$ ,  $u^2 + a^2$ , or  $a^2 - u^2$ , so use **trig substitution**.

REMARK: If  $ax^2 + bx + c$  can be easily factored as a product of real linear factors, the next integration technique may be easier to use.

Fin

Fin.